

2008-2009 Clifton/Valley Mills Youth Basketball Rules

3rd & 4th Grade Boys/Girls

- Intermediate Basketball – 28.5"
- Goals will be 9 ft.
- Free throws will be 13 ft from the backboard to the free throw line.
- Clock will run continuous until the last two (2) minutes of the 4th quarter
- 3 one minute time outs per half
- Four 8 minute quarters
- 5 minute half time
- Overtime will be a 2 minute quarter(s) until there is a winner. Each team will also receive one extra time out per overtime period.
- Shots made behind the three (3) point line will count as a 3 pointer.
- Shots made on the 3 point line or inside the 3 point line will be 2 points.
- Full court press is allowed in the 4th quarter and overtime only. If you are 10 points or more ***ahead***, you may ***not*** press.
- 5 second lane violation will be called.
- Players are allowed 5 fouls per game. On the fifth foul the player is removed from the game and can not return.
- On the 7th team foul, you will shoot a 1 and 1 free throw shot.
- On the 10th team foul, you will shoot 2 free throws.
- All players must play one full continuous quarter. Once they have played one full continuous quarter then you may sub them in and out as you want. Anyone that is injured can be subbed for at any time.
- If a player receives a technical foul, he/she will be removed for one (1) quarter of play. If a player receives two (2) technical fouls in one game, he/she will be removed from the remainder of the game and will be suspended from the next scheduled game.