

2008-2009 Clifton/Valley Mills Youth Basketball Rules

5th & 6th Grade Boys/Girls

- Intermediate basketball for the girls & regular basketball for the boys
- Goals will be 10 ft.
- Free throws will be from the regular free throw line.
- Clock will run continuous until the last two (2) minutes of the 4th quarter.
- Three (3) one minute time outs per half.
- Four 8 minute quarters.
- 5 minute half time.
- Overtime will be a 2 minute quarter(s) until there is a winner. Each team will also receive one extra time out per overtime period.
- Shots made behind the 3 point line will count as 3 pointers.
- Shots made on the 3 point line or inside the 3 point line will be 2 points.
- Full court press is allowed during the **entire** game **and** overtime. If you are 10 points or more **ahead**, you can **not** press.
- 3 second lane violation will be called.
- Players are allowed 5 fouls per game. On the fifth foul the player is removed from the game and can not return.
- On the 7th team foul, you will shoot a 1 and 1 free throw attempt.
- On the 10th team foul, you will shoot two free throws.
- All players must play one full continuous quarter. Once they have played one full continuous quarter then you may sub them in and out as you want. Anyone that is injured can be subbed for at any time.
- If a player receives a technical foul, he/she will be removed from one (1) quarter of play. If a player receives two (2) technical fouls in one game, he/she will be removed from the remainder of the game and will be suspended from the next scheduled game.